

# GLUTEN FREE

## START HERE

**CLAM CHOWDER** cup or bowl...6|9

**CHILI** cup or bowl...6|9

**FRENCH ONION SOUP** cup or crock...6|9

## GREENS

**KEELY'S** romaine, baby kale, quinoa, edamame, goat cheese, dried cranberries, tossed with dijon balsamic vinaigrette...14

**ANGELA'S PROPER COBB** mixed greens, avocado, crumbled blue cheese, egg, applewood smoked bacon, red onions, tomato...14

**ADD ONS:** grilled chicken+5 steak tips\*+10 salmon 8oz+12 grilled shrimp+9 tuna+4

## MAIN

**GALWAY BAY SHEPHERDS PIE** seasoned ground sirloin, vegetables, sautéed onion, whipped potato & demi-glace...18

**BROILED STEAK TIPS\*** O'Hara's marinade steak tips with potato and vegetable...24

**BUILD YOUR OWN BURGER\*** hamburger on lettuce with tomato ...14

add cheese (american, swiss, cheddar, feta, goat, pepperjack) sautéed onions or sautéed mushrooms +1 add applewood smoked bacon, fried egg or avocado +2 gluten free roll +1

**LUCY'S LETTUCE WRAPS** three beds of iceberg with white rice, chopped tomato, steak tips, and chipotle sauce with sour cream, corn and black bean salsa...24

**CARLY'S CHICKEN** sautéed chicken medallions, fresh basil, spinach, mushrooms and tomatoes in a lemon sauce served over white rice...21

**TOM'S CHICKEN PARMIGIANA** grilled chicken with red sauce, mozzarella and provolone and served with your choice of side...21

**GRILLED CHICKEN** marinated grilled chicken served with potato and vegetable...21

**SALMON** broiled, blackened, or smokehouse served with potato and vegetable...26

**HADDOCK LEONARD** broiled haddock topped with sautéed mushrooms, spinach, tomatoes and a four cheese blend served with potato and vegetable...25

## SIDES

baked potato, whipped potato, white rice, broccoli, garden salad, caesar, cole slaw

\*Cooked to order. Consuming raw or undercooked meats may increase your risk of food borne illness, especially if you have certain medical conditions.

Before placing your order, please inform your server if anyone in your party has a food allergy.